

# ANNUAL REPORT

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Contigo Youth Club 2022-2023





## **MISSION & VISION**

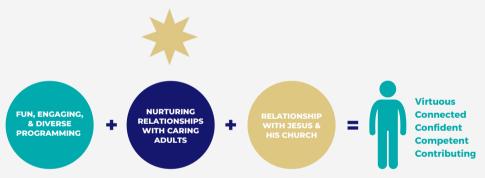
#### Mission

Our mission is to empower youth to thrive by providing consistent nurturing programs that develop virtue, community, and a relationship with Jesus Christ.

#### Vision

A community of supported families and youth living to their full potential.

#### Formula





June 2023

Dear Friends,

Contigo was born of a desire to meet un-met needs of youth and families. In our community in the Bailey's Crossroads area of Fairfax County, we saw families struggle to find consistent, dependable supervision they could trust. Programs outside of school hours, that were both engaging and enriching, were often inaccessible. The result was a widening opportunity gap and growing challenges for unsupervised, at-risk youth. We wanted to create a safe, supervised environment for these kids to engage in life-enhancing activities that enable them to develop useful life skills, build friendships, and have good, clean, healthy fun.

In May of 2022, we we left our full-time jobs and a month later, launched Contigo Youth Club with our inaugural summer camp.

For most of the 64 kids who attended camp, it was their first time attending a summer camp. They were thrilled to try new things! They discovered the joys of hiking, art, sewing, chess and bread baking. They lived a busy daily schedule integrated with the Catholic faith. And each day, about 10 children voluntarily postponed eating lunch so they could attend optional daily Mass. Throughout the summer, their sense of belonging and connectedness grew.

When summer camp ended, we opened our afterschool program which not only continued the consistent fun and safety of summer camp, but also gave us an opportunity to get to know their families more deeply and better understand their strengths and challenges. We had many opportunities to help families navigate physical and mental health struggles, grief, food insecurity, and academic systems. We were able to support them and connect them to government or other services and to health and legal professionals they can afford and trust. Some urgent crises moved us to respond with a temporary program during the spring semester: Contigo Study Center. This program helped some of our youth to transition from difficult school situations and instead continue the school year using the Seton Homestudy curriculum under the guidance of Contigo staff. The results were stabilizing and renewing, helping them to thrive in a safe, supervised environment with hands-on study help.

Since the summer, we have worked closely with St. Anthony of Padua Catholic Church, connecting our youth and families to their parish and teaching them to live their faith within the liturgical seasons. One of our teens received the Sacrament of Initiation at Easter, and several other children will soon begin the process of preparation for baptism in the upcoming year.

Now we are preparing to launch our 2nd Camp Contigo. Our afterschool program will continue in the fall, when we plan to expand our programming to answer a pressing need to serve high school youth. Those 14-18 year old high schoolers are alone, searching for answers, in need of mentorship, guidance, role models and help to keep them from the many dangers and temptations that are all around them everyday.

Supporting this population will be challenging, but also rewarding. And it will require us to hire and train more staff. All of this is costly, but so worth it. The interventions, guidance, and help we can provide is truly life-changing.

Contigo,

Bulay Miñano, Director

Mariah Naegele, Øirector

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CAMP CONTIGO 2022



59 Youth Participants

High School Interns

Full-time Employees

Full-time Missionary Volunteers

15

77

5

2

2

Part-time and One-time Volunteers

Weekly Programs

400+ Hours of programming



## **Camp Contigo Programs**

Each day of camp begins with prayer and then we break into programs. Children are exposed to a variety of activities, ranging from the physical-running, sports, games-to the spiritual-adoration, Lectio Divina-and academic-writing and book club-to the practical-finances, gardening, cooking. The idea is to help young people develop life skills they can use at home to become more self-sufficient and better helpers to their families, while also encouraging healthy habits, from prayer to reading.

| Grades 1-2  | Grades 3-4   | Grades 5-6   | Grades 7–9  |
|---|--|--|---|
| Sports<br>Playground Time (1-2)<br>Running Games (1-2)<br>GoNoodle (1-2)<br>Sports (1-2)<br>PE Games (1-2)<br>Faith<br>Adoration (1-2)<br>Faith (1-2)<br>Catholic Party (1-2) | Sports<br>Sports (3-4)<br>PE Games (3-4)<br>Basketball (3-4)<br>Soccer (3-4)<br>Track Stars (3-4)<br>Faith<br>Adoration (3-4)<br>Faith (3-4)<br>Catholic Party (3-4) | Sports<br>Basketball (5-6)<br>Soccer (5-6)<br>PE Games (5-6)<br>Sports 1 (5-6)<br>Sports 2 (5-6)<br>Faith<br>Adoration (5-6)<br>Faith (5-6)<br>Catholic Party (5-6)        | Sports<br>Basketball (7-9)<br>Soccer (7-9)<br>PE Games (7-9)<br>Sports 1 (7-9)<br>Sports 2 (7-9)<br>Faith<br>Adoration (7-9)<br>Faith (7-9)<br>Catholic Party (7-9) |
| Morning Star (1-2)<br>Academic<br>Storytime (1-2)<br>Money Matters (1-2)<br>Storytelling (1-2)<br>Color Your World (1-2)<br>Nature Hunt (1-2)                                 | Morning Star (3-4)<br>Truth in Color (3-4)<br>Academics<br>Storytelling (3-4)<br>Chess (3-4)<br>Gardening (3-4)<br>Around the World (3-4)                            | Morning Star (5-6)<br>Academics<br>Under the Mantle (5-6)<br>Book Club (5-6)<br>Comic Book Club (5-6)<br>Art   | Lectio Divina (7-9)<br>Academics<br>Under the Mantle (7-9)<br>Life Skills<br>Bread Baking (7-9)<br>Industrial Design (7-9)  |
| Art<br>Mini Picassos (1-2)<br>Crafts (1-2)<br>3D Paint (1-2)<br>Social/Life Skills<br>Wild Mercy Waves (1-2)<br>Life Lessons (1-2)<br>Gardening (1-2)                         | Art<br>Harmonica (3-4)<br>Drama Club (3-4)<br>Tie Dye (3-4)<br>Social/Life skills<br>Snack-a-rama (3-4)<br>Smoothies (3-4)<br>Wild Mercy Waves (3-4)                 | Harmonica (5-6)<br>Drama Club (5-6)<br>Mosaics (5-6)<br>Tie Dye (5-6)<br><b>Social/Life Skills</b><br>Industrial Design (5-6)<br>Hijas Amadas (5-6)<br>Men of Virtue (5-6) | Men of Virtue (7-9)<br>Hijas Amadas (7-9)<br>Snacks Contigo (7-9)<br><b>Art</b><br>Painting (7-9)<br>Tie Dye (7-9)<br>Sing On! (7-9)                                |





Program leaders share their interests and expertise with our youth by designing programs that expose them to new experiences and develop important skills. We also share love for the liturgical life of the church through celebrating church traditions together such as the Holy Thursday Seder Meal and Good Friday Living Stations of the Cross.





In November 2022, we took some kids to run 5k race at the National Arboretum in Washington DC.

## **Afterschool Programs**

|                                      | Grades 1-2  | Grades 3-5   | Grades 6-8  |
|--------------------------------------|---|--|---|
| <b>Cycle 1</b><br>Sept. 6 - Nov. 4   | Pastry Chefs (1-2)<br>Games! (1-2)<br>Adoration (1-2)<br>Paper Crafts (1-2)<br>Junior Inventors (1-2) | 3D Design (3-5)<br>Wood Workshop (3-5)<br>Run Contigo (3-5)<br>Adoration (3-5)<br>Science Projects (3-5)                                   | 3D Design (6-8)<br>Tasting Tours (6-8)<br>Adoration (6-8)<br>Express-arte (6-8)<br>Run Contigo (6-8)  |
| <b>Cycle 2</b><br>Nov. 7 - Jan. 27   | Snackarama (1-2)<br>Paper Art (1-2)<br>Adoration (1-2)<br>Crafts (1-2)<br>Reading Games (1-2)         | Robotics/Tech (3-5)<br>Upcycle (3-5)<br>Adoration (3-5)<br>Boot Camp (3-5)<br>Tasting Tours (3-5)  | Upcycle (6-8)<br>Drawing & Sketching (6-8)<br>Adoration (6-8)<br>Cooking (6-8)<br>EpicSci (6-8)   |
| <b>Cycle 3</b><br>Jan. 30 - March 31 | Comic Books (1-2)<br>Penpals (1-2)<br>Adoration (1-2)<br>Crafts (1-2)<br>Catholic Party (1-2)         | Men of Virtue (3-5)<br>Hijas Amadas (3-5)<br>Cooking (3-5)<br>Adoration (3-5)<br>Catholic Party (3-5)<br>Contigo Training<br>Academy (3-5) | Men of Virtue (6-8)<br>Hijas Amadas (6-8)<br>Contigo Training Academy<br>(6-8)<br>Adoration (7-9)<br>Graphic Design (6-8)<br>Catholic Party (6-8) |
| <b>Cycle 4</b><br>April 17 – June 9  | Cooking (1-2)<br>Naturalist Society (1-2)<br>Adoration (1-2)<br>Music (1-2)<br>Craft City! (1-2)      | Men of Virtue (3-5)<br>Hijas Amadas (3-5)<br>Young Einsteins (3-5)<br>Painting (3-5)<br>Adoration (3-5)<br>Running Club (3-5)              | Men of Virtue (6-8)<br>Hijas Amadas (6-8)<br>Training Academy (6-8)<br>Adoration (6-9)<br>Training Academy (6-8)<br>Photography (6-8)             |

## OTHER SERVICI

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### **Contigo Study Center**

A temporary program in response to several families' urgent crises, the Study Center provided a safe environment and balanced curriculum, allowing participants to have a school-like experience while their parents sorted out family challenges. We were open from 7:45am – 3:00pm Monday through Friday. We helped families enroll in an academic curriculum, offered assistance navigating the transition, connected families with resources to help them through their crises, assisted students with school work, and provided a balanced schedule that included social time, prayer, and exercise.

### **Monthly Grocery Distribution**

Contigo Youth Club partnered with St. James Social Outreach Committee to provide at least two bags of groceries for 5 Contigo families each month.



### **Parish Connection & Support**

Contigo Youth Club worked closely with Fr. Matthew Zuberbueler, pastor of St. Anthony of Padua Catholic Church, to support parish initiatives and events.

#### **Parish Events**

Contigo participated in and contributed to celebrations for the Feast of St. Anthony, the Feast of Our Lady of Guadalupe, Holy Week, and Corpus Christi. Contigo Youth served monthly at Senior Luncheons and weekly as lectors during daily Masses.

#### Theology of the Body for Teen Girls

Contigo staff collaborated with St. Anthony's staff and parishioners to lead an 8-session series on Theology of the Body for middle and high school girls.

#### Spiritual Response Team (SRT)

Contigo staff participate in the St. Anthony's Spiritual Response Team, which spearheads initiatives to actively respond to issues within the parish boundaries, including gangs, human trafficking, violence, drug abuse and addiction. The team meets monthly to work and pray.

#### **School Events**

Contigo staff collaborated with St. Anthony of Padua Catholic School to provide a class retreat for the 7th grade, with the theme of emphasizing the universal call to holiness.

# FINANCIALS

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## SUPPORTERS

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## **Partners & Sponsors**





Matilda Donovan REALESTATE







On behalf of the entire team at Contigo Youth Club, we would like to extend our sincere gratitude for your generous support of our organization. Thanks to your donations and sponsorships, we have been able to continue our work of providing engaging out-of-school time activities for underserved youth in our community.

At Contigo Youth Club, our mission is to empower young people to thrive. With your support, we have been able to provide a safe and nurturing environment for our participants to learn, grow, and develop relationships and skills that will help them live well.

Over the past year, we have offered a wide range of programs and activities, from homework assistance to sports to arts and life-skills training. These programs have been critical in helping our participants stay engaged, develop new interests, and build meaningful relationships with their peers and caring adults.

None of this would have been possible without your generosity. Your support has enabled us to establish (and expand!) our programs, compensate staff, and provide new opportunities for our youth and families. We are particularly grateful for ongoing financial support— this has been instrumental in helping us achieve our goals.

Your contributions have made a real difference in the lives of the young people we serve, and we are grateful for your commitment to our mission.

Once again, thank you for your support, and we look forward to continuing our partnership in this work in the years to come.

## **Financial Statement**

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|  | (Short Fiscal Year)<br>FEB 2022 to<br>MAY 2022 | (1st Full Fiscal Year)<br>JUN 2022 to<br>MAY 2023 |
|--|--|---|
| Revenue                                  |  |   |
| Individual Contributions                 | \$19,146.04                                    | \$61,486.88                                       |
| Private Grants                           | -  | \$7,058.28  |
| Registration Fees                        | \$800.00                                       | \$41,121.28                                       |
| Board Membership Dues                    | \$675.00                                       | \$450.00  |
| Other Revenue (Merch, Field Trips, etc.) | \$0.00   | \$2,775.26  |
| Total Revenue & Gains                    | \$20,621.71                                    | \$112,891.70                                      |
| Expenses                                 |  |   |
| Program Expenses                         | \$1,096.21                                     | \$23,365.50                                       |
| Program Wages                            | \$0.00   | \$74,759.54                                       |
| Total Program Expenses                   | \$1,096.21                                     | \$98,125.04                                       |
| Administration Expenses                  | \$1,181.72                                     | \$5,515.49  |
| Insurance                                | -  | \$6,120.95  |
| Administration Wages                     | \$1,878.14                                     | \$8,232.87  |
| Other Expenses (Merch, etc.)             | -  | \$572.40  |
| Total Administrative Expenses            | \$3,059.86                                     | \$20,441.71                                       |
| Total Expenses                           | \$4,274.69                                     | \$118,566.75                                      |
| Net Profit (Loss)                        | \$16,347.02                                    | (5,675.05)  |



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